

- **Empower employees:** Foster growth by giving employees more autonomy in their roles. Offer projects that challenge their skills,
 - encourage innovation, allow them to take ownership of their work, and make informed decisions.
 - feedback sessions and open-door policies to ensure transparency and trust within the team.

continuous learning and skill enhancement.

• **Invest in development:** Help employees advance their careers. Tailor programs to individual needs and aspirations, encouraging

higher overall organizational success.

• Build a supportive culture: Encourage team collaboration and support to create a positive work environment. Value different perspectives and foster belonging. The Bottom Line: By making employees feel valued and

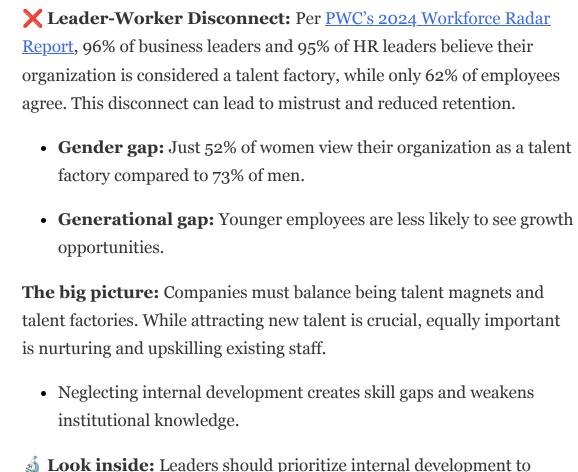
empowered, leaders can expect increased loyalty, reduced turnover, and

• **Foster open communication:** Create the space for employees to

feel safe to express their ideas and concerns. Carry out regular

Why it matters: Focusing too much on external recruitment risks neglecting current employees' growth, leading to disengagement and high turnover.

employees can backfire.



- 1. Leadership Development Tracks for later-career employees to fill leadership roles, recognizing their potential to contribute at higher levels within the organization. 2. Mentorship Programs where older employees can share their expertise and experiences with younger colleagues, fostering a twoway learning environment. 3. Skill Enhancement Workshops aimed at upskilling or reskilling, particularly in areas like digital literacy, to ensure more experienced workers remain competitive and confident in their roles. 4. Cross-Departmental Projects that allow older workers to apply their skills in new contexts and broaden their professional network.
 - We all experience stress before a high-stakes meeting, but understanding your body's response can help you manage it effectively.

• **Why it matters:** Recognizing and preparing for stress allows

leaders to maintain clarity and confidence in critical moments.

The big picture: Fight vs Flight is a hard-wired biological response to

threats, but it's not particularly useful in a present-day business setting.

5. Career Corner: Invest in yourself

- **Go deeper:** My take <u>here</u> on, "Applying Your Parenting Strengths to
 - **Invite** Ephraim to <u>speak</u> at your next event. • **Bring in** Ephraim to <u>work with</u> your organization's key leaders.

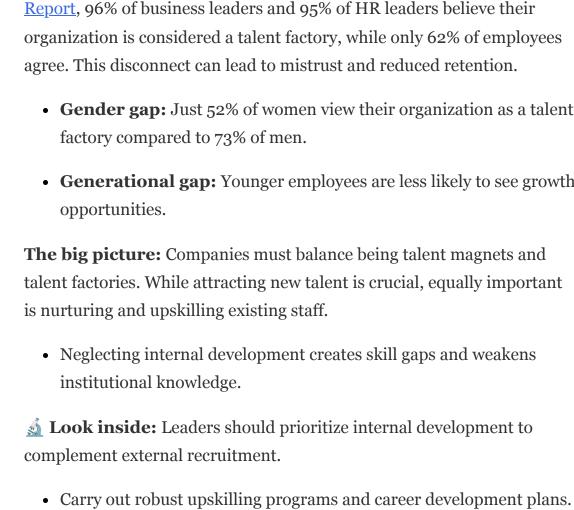
• What opportunities do I provide for employee growth? • How open is the communication within my team? My recommendations for leaders:

• **Recognize contributions:** Highlight specific accomplishments during team meetings or in company-wide communications to boost morale and motivation.

2. Beware the talent magnet trap

Over-reliance on attracting new talent without developing existing

• **Think:** Organizations as talent magnets vs. talent factories



• Communicate clearly about growth opportunities to build trust and

3. When ageism threatens to hurt your

loyalty among current workers.

culture

wrong signal to the entire organization. It implies that knowledge and experience are undervalued, potentially discouraging all employees from investing in long-term growth and loyalty. **By the numbers:** A <u>recent survey</u> from *Resume Now* highlights

• 48% face reduced earning potential, affecting their financial stability

• 45% experience isolation, with 44% reporting depression due to

• 43% are forced into early retirement, disrupting their career paths

My POV: Companies should support later-career workers and

demonstrate respect for their experience by creating equitable

development opportunities and challenging age-related biases:

• 49% earn less than younger colleagues for the same roles.

• Why it matters: Disrespecting experienced employees sends the

Ageism impacts 90% of workers aged 40 and older, limiting their

professional growth and affecting their well-being.

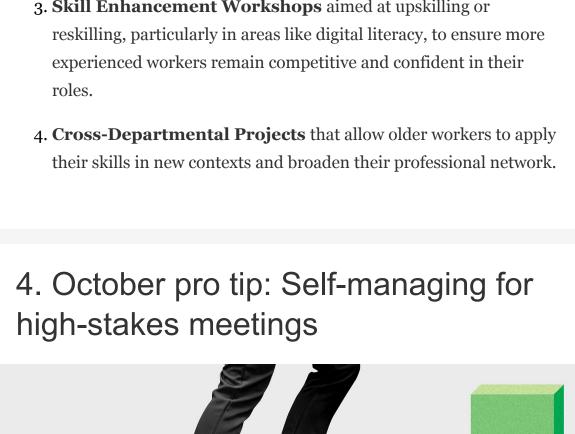
ageism's financial and emotional toll:

and retirement plans.

and financial plans.

Examples:

workplace discrimination.



• Understanding this can help you avoid concern even before those feelings predictably arise. 1) Before the meeting: • Over-prepare: Boost your confidence by ensuring you have clear thinking and won't be surprised by unexpected issues.

• **Identify objectives:** Clearly outline what you want to achieve in

• Anticipate concerns: Think ahead about potential objections or

• Acknowledge your feelings: Recognize the predictable physical

• **Memorize your start:** Know the first 30 seconds of your remarks

by heart to ease into your talk and dissipate nervous energy.

• **Anchor positivity:** Dwell on the positive feelings to create an

• **Reinforce success:** Neuroscientists say that neurons that fire

together wire together. Building this positive connection helps

ongoing positive association with these interactions.

reduce anxiety for future interactions.

like you would for your kids

• Focus outward: Get out of your head and engage with the

audience. Look for individuals to strike a rapport with.

sensations as a sign your body works correctly.

the interaction.

2) During the meeting:

3) After the meeting:

questions and prepare responses.

Many professionals who are parents invest in their children's

• Why it matters: Overlooking personal career development can

limit your potential and slow your progress in a competitive job

This logical inconsistency can hinder career progress. Investing

time, energy and money to increase the odds of success is a principle of

What's next: Take proactive steps to enhance your career development.

• Enroll in online courses or certifications to gain new skills.

• **Seek mentorship or coaching** to gain insights and guidance

• **Attend industry conferences** to expand your network and stay

• **Dedicate self-improvement time** each week for activities, such

as reading industry-related books or practicing new skills.

Yes, but what about the potential downsides of asking for professional

1. Cost Concerns: Will my employer hesitate to invest in courses or

growth but neglect their own career development.

market.

growth that applies universally.

updated on trends.

development?

from experienced professionals.

- 6. Go deeper
- **Ephraim Schachter** is an award-winning C-Suite Coach and Leadership Strategist. He helps organizations thrive through disruption by developing their leaders' capabilities to accelerate trust, navigate obstacles and communicate influentially. These skills have never been
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- more in demand than in the evolving workplace with its growing disaffection with traditional management practices. Ephraim is a trusted expert and thought partner known for strategic, insightful and practical

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- **a** October is here and that means creepy displays on my neighbors'
 - **Y** Let's be great leaders! Here are some straightforward insights and **Did someone forward** you this email? <u>Subscribe here</u> to receive it directly. 1 big thing: When employees feel replaceable

2. **Time Commitment:** Will taking time away from regular duties for development activities be supported? **3. Relevance and Value:** Is the sought-after development activity directly relevant to my current job roles or objectives? **Be ready to make the case.** See Wharton's <u>tips</u> for how to (1) Do your research; (2) Prepare for potential questions; and (3) Initiate the conversation. Win C-Level Promotion."

conferences due to budget constraints?

Photo by: Randy Belice

problem-solving.

Jonathan Sacks

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Parting wisdom: "Humility is not thinking you are small. It is

thinking that other people have greatness within them." Rabbi Lord

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